



The Russell Lions Club

as one of its community projects
offers FREE OF CHARGE



MESSAGE IN A BOTTLE



* Anyone can have an accident in the home. This program will help to speak for you if you cannot speak for yourself.

* Facilitates access to your personal medical information by First Responders to your home in an emergency situation.

* Message in a Bottle is extremely beneficial for people who have allergies or other health challenges, the elderly, people living alone, and anyone whether you take medications regularly or not.

THIS COULD SAVE A LIFE - YOUR LIFE



Complete the form and put it into the bottle.

Place the bottle inside the refrigerator, on the door.



Place one green sticker on the inside of the front door.

Place the other sticker on the outside of the refrigerator.



All Emergency Services are aware of the program and will use the information in an emergency. The information will go with you to the hospital.



Available at: **Downtown IDA Pharmacy 1106 Concession St., Russell**
Russell Pharmacy, 110 Craig St., Russell

Info: messageinabottle@lionsrussell.com